



Ballina Netball Association Indoor Netball Rules

To be read in conjunction with the IFNA Rules of Netball.

When and Where

- Indoor Netball is played each term, on Thursday evenings at BISC, Cherry Street Ballina from 6pm. The draw is available on PlayHQ.com or Netball HQ app

Match Duration

- 4x 12 minute quarters with 1-2-1 minute breaks.

Player and Team Eligibility

- Indoor Netball is open to mixed or all female teams. Mixed teams may enter competitive divisions only. All female teams may enter competitive or social divisions.
- The minimum age for a player is turning 15 years old in the year of play.
- All players must be registered with a team in the current competition.
- A team must have a minimum of 8 players registered and can include up to 12 players.

Mixed Teams

- Up to 3 male players can be on court at any one time. Male players must be positioned evenly (one in each third).

Fill in Players

- Fill in players from other teams in the **same or a lower division** may be used. There is no limit to the number of fill in players a team can use.

Forfeits

- It is preferred that forfeits be avoided by using the Indoor Netball Facebook private group to source fill in players. Please advise the Court Supervisor if you require assistance finding fill in players.

Uniforms

- Players are not required to wear a uniform. Clothing must be free of items that may cause harm to another player eg. zips, buckles, loops, loose pockets etc.
- Jewellery is not permitted to be worn during matches. Piercings must be removed and CANNOT be taped. A wedding band is permitted but must be taped.
- Fingernails (including false nails) must be short and smooth



Equipment

- Teams must supply their own position patches. Patches can be purchased when registering your team if required.
- Ballina Netball will supply match balls and scoresheets

Scoresheets

- Completed scoresheets must be returned to the Court Supervisor on completion of the match. All players who took part in the match (including fill in players, must sign the scoresheet.

Match Points and Finals

- Points for matches will be awarded accordingly: Win 4 points, Draw 2 points, Loss 0 points
- Competitive division winners will be determined as the team at the top of the ladder after the last round, or may play a finals round on the last week of the competition (usually 1v2, 3v4 etc.) dependant on the number of teams entered. Social divisions will not play finals.

Umpires

- Each team is required to nominate a team umpire. Your team umpire will be scheduled to a time slot before or after your game.
- Umpire rosters are published to Ballina Netball Umpires Facebook private group. Umpires are responsible for checking the roster and advising the Umpire Co-ordinator if they cannot attend their allocated game.
- Umpires are paid by Ballina Netball. No further payment from teams is required.

Team Representative

- Each team is required to nominate a team representative. Your team representative will be responsible for distributing communications from Ballina Netball to the team.

Complaints & Disciplinary Procedures

- Complaints & disputes in relation to player conduct, umpiring or scoring can be directed to the Court Supervisor.
- The intent of Indoor Netball is to maintain a fair and safe environment for all participants. Participants not adhering to this will be asked to leave the venue.